



NATIONAL SERVICE SCHEME

UNIT NO:49

SREE SANKARA VIDYAPEETOM COLLEGE

(NAAC reaccredited with A Grade)



Valanchirangara, Perumbavoor, Ernakulam District

NSS ACTIVITY REPORT 2019-20

1. **2019 April 2: Organic Farming** -As part of Organic farming Initiative 'Jaivam at SSV', our unit has planted 51 yam and 150 tapioca in the portion of land allowed in the campus for NSS and Organic farming club. Programme officer coordinated the planting and 14 Volunteers participated in this initiative.



Outcome: Volunteers learn to have positive attitude towards organic agriculture...

2. **2019 June 6: Environment Day Observation:** World Environment day was celebrated by our NSS unit on 6th June 2019. Fifty Five Tree saplings were planted in different parts of the campus. Along with plantation of new saplings, maintenance of previous years saplings were also given importance. The programme was inaugurated by college Principal, Dr. Padma.P. NSS Programme officers Mr. Viswan M G and Dr. Nisha Unnikrishnan led the plantation programme.
A passion towards nature and environment..
3. **June 10: Seminar On Air Pollution Environmental Protection:** NSS unit in association with P.G Dept. of Chemistry organised one day seminar on Air pollution and environmental protection. The programme was Inaugurated by Smt. P B Sreelakshmi (Engineer, State Pollution Control Board, Eloor) by distributing tree saplings to students. A poster design competition was also conducted for the students. Prizes were distributed to the winners and the programme ended by 4 pm.

Plantation of tree saplings

Newspaper cutting about Environment day observation and seminar.



4. **June 11: Valicheriyal Muktha Campus- Gramam- Nagaram Project:** This is a university project indeed very important message for today’s world. Our NSS unit conducted a rally inside and outside the campus exhibiting posters and placards indicating the message of not throwing out the waste, rather properly dispose the same. With college principal’s permission, volunteers visited all class rooms and conveyed the message of the programme. 86 Voluteers participated in the

Volunteers aware about the same and inspire others not to do so....

5. **June 18 : “KARUTHAL”-the health awareness campaign**

‘Karuthal’ the one year long health campaign under the leadership of Kerala Sasthra-sahithya parishath and NSS unit of SSV college was held in June 18 at ward No13 and 15 of Vengoor Panchayath. The campaign was inaugurated by Vengoor Panchayath president Sri. M A Shaji. Asha workers and health officials helped in the program with the NSS volunteers. The program mainly focuses on giving awareness against Dengue fever. Awareness and cleaning (destruction of sources of Mosquitos) were done by 30 volunteers in 541 houses in the panchayath and awareness classes were also conducted in the nearby school.

Volunteers aware about the Importance of taking preventive measures of Dengue fever and Cleanliness.

6. **June 20: Cycle Rally for Yoga Day :** NSS unit in association with Yoga Club of the college, conducted a cycle rally at 12 noon on 20-06-2019 to spread the message of Yoga. The rally covered about 4 kms, touching the town of Valayachirangara and ended by 2.00 pm.14 volunteers participated in the rally. 21 Volunteers participated in the rally apart from staff and Programme officer.

Volunteers learn the importance of Yoga

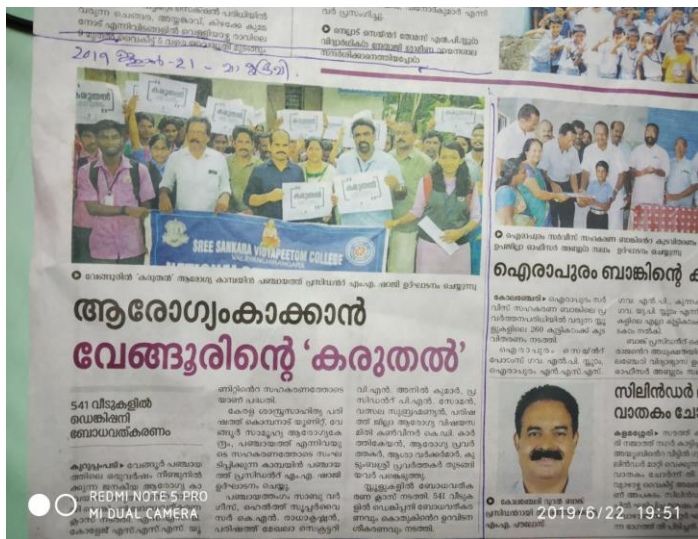
Valicheriyal Muktha Campus-Gramama,Nagaram at SSV College

Launching of “Karuthal” at Vengoor Panchayath by the president Sri.K A Shaji



Newspaper Cut-Karuthal

Flagging off the cycle rally by the Principal,Dr.Padma P



7. **JUNE 21: Yoga Day** : International Yoga Day was celebrated by NSS in association with Yoga Club Department of Physical Education and P.G Dept.of History on 21stJune 2019 at P N Namboodiri Hall. Dr. Padma P, Principal, SSV College, has presided over the function and has inaugurated the celebration. An introductory class on the importance of Yoga in human life has been given by Sri M.J Sreekumaran Nair, Department of Zoology. A PowerPoint presentation on the topic ‘A Historical Introduction to Indian Yoga Tradition’ was also presented. A Yoga demonstration class has been organized under the guidance of Sri Anup Jain, Department of Physical Education. Along with this a poster design competition and an essay competition on the topic ‘Role of Yoga in resolving the climate change’ was conducted to our students on the same day.

8. **July 5: "KARUTHAL" -The Health Awareness Campaign (IInd stage)** The second stage of 'Karuthal' the one year long health campaign under the leadership of Kerala Sasthra-sahithya parishath ,Vengoor panchayth and NSS unit of SSV college was held in 5 th July 2019 in Fourth and fifth ward of the panchayath.. The campaign was inaugurated by Vengoor panchayath president M A Shaji. Asha workers and health activists helped in the program with the NSS volunteers. A training programme for the participating volunteers was given by Sri.Nizam, Health Inspector, Aluva on 4-7-19 @9.30 am in the college. The program mainly focuses on giving awareness against Dengue fever. Awareness and cleaning were done by volunteers in 652 houses in two wards and awareness classes were also conducted in Govt. HS, Mekkappala. 42 volunteers participated in this programme and ended by 3.30 pm.

Yoga Practice

Inauguration Of "Karuthal" II At Govt.Hs,Mekkappala,Vengoor



9. **July 8- Inter-Departmental Debate Competition:** NSS Unit in association with Debate club of the college, conducted an inter departmental debate competition on the topic ,”Social media and the youth” at 3.PM on 08-07-2019,Monday at open porch. College principal Dr.Padma P inaugurated the program. A team of two students from 7 departments actively participated in the competition and three independent judges evaluated the performance of debators. Best debators were awarded with prizes. The programme ended by 4.00 pm.

10. July 11: World Population Day Observation

NSS Unit observed world population day to spread the message of the day ‘reproductive health problems ‘.An Inter Departmental Poster Design Competition on the theme of population day was conducted and the posters were hanged in the open entrance of the college. 16 teams from different departments participated and the best two teams were selected by a panel of judges and awarded the prizes.



11. **July 13- Saturday- One Day Camp:** NSS Unit no.49 conducted first one day camp of this year on 13-07-19, second Saturday. We received large number of applications from students to enroll in NSS. Even though the first year enrollment is not over, the camp organised to impart some knowledge about NSS to new volunteers and to identify the genuineness of their interest. Camp started at 10 am. An orientation class of 1 hour duration was given by the Programme officer. As part of Swatchabharat 2.0, a Sramadan for cleaning the campus and its vicinities was done from 11.00 am to 12.45 pm. Second year volunteers who enrolled in SBSI were also participated in the drive. In the afternoon session, Ice breaking for new volunteers had been conducted. The camp ended by 4 pm with the national anthem.

Orientation Class

Swatchabharat-Outside Campus



12. **July 25: Financial Awareness Program:** National service scheme and Department of commerce jointly organized a financial awareness program in association with Department of post(Perumbavoor HPO) on 25-07-2019 2.30 pm at PNN Hall. College principal Dr.Padma P inaugurated the program and Smt.Sheela (Post Master,Prbvr)and Shinu (Head PA,) lead the class.NSS volunteers and students representatives from all classes participated in the program.

With the high positive response from the participants it is further decided to organize a financial inclusion drive on 7-08-19 at the College where all postal services can be availed under one roof not only for the SSV, but for the society as well. Program concluded by 4 pm.

13. **July 27: Campus Cleaning as part of SBSI 2.0** : Ninety volunteers have been enrolled by our unit as SBSI interns as per the direction. One day cleaning of college campus and vicinities were done by interns, to make the campus clean and green.

Clean Campus, Green Campus



14. **July 28: Survey on behavior of people towards Cleanliness**: As part of SBSI 2.0, Volunteers conducted a survey on behavior of people towards cleanliness of ward No.2 of Mazhuvannoor Panchayath. The survey aims to study the current practice of people for waste separation, disposal. We wish to make a report on the survey and submit at Panchayath for further action. 90 Volunteers participated in the survey by forming a team of 3. Eighty houses were surveyed on the day.

15. **July 30: Blood Donation Camp (1)** : NSS unit of SSV College , Department of Commerce and the Blood Donors Club had jointly organised a blood donation camp on 30/07/2019 (Tuesday) in association with the District Hospital, Aluva. The camp was inaugurated by the College Principal Dr.Padma P at 10.00am in Advaita Hall. Forty units of blood donated in the camp. It was decided to conduct the camp again in the near future. The camp was ended by 2.00 pm.

Blood Donation Camp-First Phase



Volunteers feel the importance of giving blood to needy people...

16. **July 31: Survey and analysis and Cleaning of Public Places**: Our volunteers are divided in two groups. One group consist of 8 volunteers surveyed the remaining houses (24) in the total sample (104) of houses in Mazhuvannoor. Remaining 82 SBSI interns engaged in cleaning of public places like hospitals, waiting sheds etc. One day programme ended by 4'O clock.



17. **August 1: Swachhatha Seminar and Oath taking:** As per the direction from the central government and university, our unit also observing swachhata pakhvada from Aug1-15. An Induction seminar on swachhata was conducted at P N N Hall .Dr. Ajith James Jose,(Asst. Professor, Dept.of Chemistry, S B College, Changanassery)handled the Afternoon session. Swachhata Oath was also taken after the session.182 volunteers participated in the seminar.

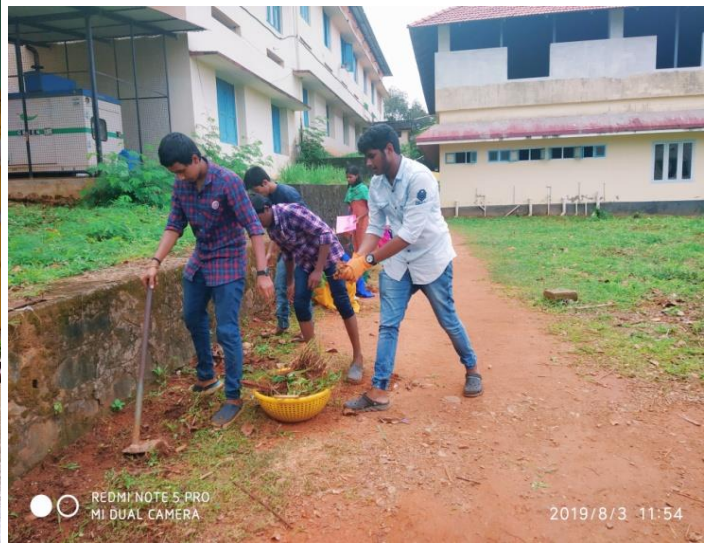
Seminar by Dr. Ajith James Jose

Swachhata Oath Taking



18. **August 3: One Day Camp :** NSS Unit conducted One day camp (Swachhata Pakhvada Day 3) on 3-8-19.Camp started at 10 am by NSS song. An orientation class for 1 hour was given by Sri.Viswan M G (PO).A cleaning drive in the campus and vicinities was done after the orientation. Interview for new comers was conducted by POs and Secretaries in the Afternoon session. The programme ended by 4.00 pm.

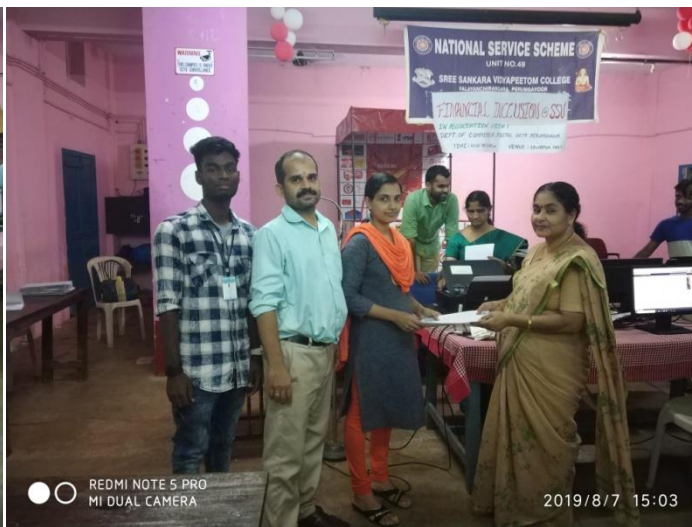
19. **August 6- Hiroshima day Observation:** The unit observed the day to spread the message against war.Volunteers have made around sixty handmade posters and hanged in front of the college so as to view all the public. Around 1000 paper 'Sadoku cranes' were also hanged along with posters. A meeting convened at 9.30 am under the auspices of Principal and messages given by Volunteers and programme officers. As a token of peace ,a larger Sadoku crane was presented to the principal by the programme officer.



20. **August 7- Financial Inclusion @SSV:** In continuation of financial awareness programme held on 25-7-19, we have organised a financial inclusion drive in association with Head post Office, Perumbavoor at the college where all postal services are availed under one roof. College Principal Dr. Padma P inaugurated the program. All volunteers opened a postal S B Account and a number of Sukanya samrudhi Accounts and other services are also availed by people. Programme ended by 4.30 pm.

Inauguration

Account opening



21. Aug 10-15: Flood Relief activities

Kerala is facing a second flood now after the last year's flood. People are less affected in Ernakulam compared with Northern Districts of Kerala. NSS unit of our college actively participated in flood relief activities in Ernakulam and other districts as well. NSS Volunteers (11 Nos.) worked day and night at different camps and at Collection centre, Collectorate, Ernakulam from 10-08-2019 to 16-08-19.

22. **Aug.10: Started Collection Centre at the College:** Under the leadership of NSS Unit no.49, collection centre has been opened at the college. A massive campaigning through social media had resulted in collection of large quantity of articles like Mat, Bed sheets, Rice and provisions. As per the requirement from Eloor Township school, (Where our volunteers serving), we have provided necessary articles with them. The approximate amount of articles supplied at Eloor camp would be Rs.25,110. (Twenty five thousand One Hundred and Ten Rupees Only).

**Relief materials handing over to Chairperson,
Eloor Municipality**

**Volunteers & P O at Eloor
Township High School.**



23. Aug.12-14: Collection of Materials at the College: Our unit is planning to visit and distribute relief materials at Nilamboor, the most affected place in the flood and landslide in Malappuram. The collection was made with in association with Keezhillam club and ILM college. All Volunteers (200) participated in the collection drive by contributing at least one material and Rs.20. All staff, Management and students participated along with general public. Various nearby clubs, Alumni associations, Employees from Info park were also contributed in our collection drive. We have received large quantity of materials and these are sorted by volunteers. Collected materials were packed in kit containing 30 essential articles for a family. One kit approximately worth Rs.2000 (Rupees Two thousand only). Our unit prepared 111 such kits and the balance of articles were packed in cartons. Other associated parties have prepared 252 such kits. Packaging and loading of articles in Lorry finished by early 2.00 am on 15-8-19.

Volunteers sorting the collected materials to be packed in kits



24. Aug.15 : Distribution at Nilamboor : The collected and packed materials are loaded in One Lorry and one bus and started journey by morning 6.30. As we planned, we could distribute articles directly to the flood affected victims at Munderi, Edakkara, Vellakkettu, Karakkodu villages of Nilamboor and Vazhikkadavu Regions. Programme officer along with six volunteers visited the area and supplied the kits by join hands with our associates. We could spent time till 11 pm with people at Nilamboor. Approximate materials worth Eight lakhs rupees supplied and our NSS units' contribution is Rs.3,05,160/- (Rupees Three Lakh Five Thousand One Hundred and Sixty Only)

At Nilamboor



25. Aug.17: Supply of Materials at University Collection Centre (S H College,Thevara)

As per the direction from the university, our unit supplied the materials worth Rs.32522(Rupees Thirty Two Thousand Five Hundred and Twenty Two only)at SH College,Thevara on 17-08-19 and obtained a receipt for the same.



Our NSS Unit have made the following contributions for flood relief activities

Nilamboor –Rs.305160

Eloor - Rs.25110

S H College-Rs.32522

TOTAL -3,62,792/-

26. Aug.15: End of Swachhata Pakhvada and Independence Day Celebration

All volunteers gathered at the college by 9.00 am and our principal hoisted national flag. As part of Swachhata Pakhvada end day, our principal declared college as “clean Institution”.

27. **September 03: Blood Donation Camp (2nd Cycle)** : NSS unit of SSV College , Department of Commerce and the Blood Donors Club had jointly organised a blood donation camp on 03/09/2019 (Tuesday) in association with the District Hospital, Aluva. The camp was inaugurated by the College Principal Dr.Padma P at 10.00am in Advaita Hall. Thirty eight units of blood donated in the camp. It was decided to conduct the camp again in the near future. The camp was ended by 2.00 pm.

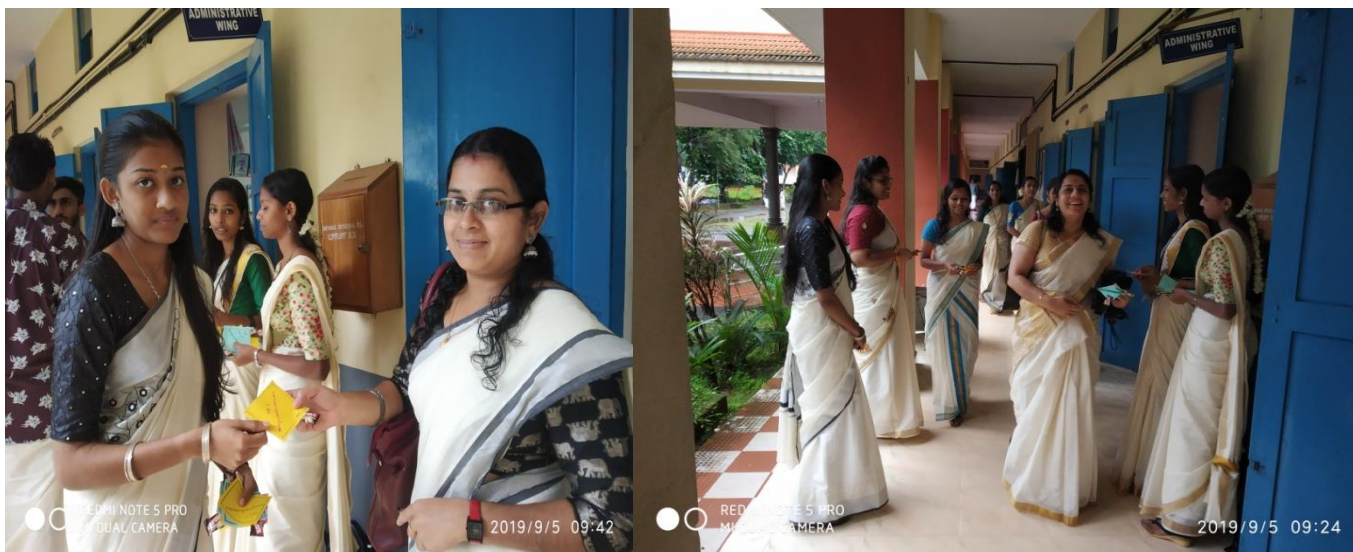
End of Swachhata Pakvada and Declaration of Clean Institution Blood Doantion



Blood Donation Camp (2 nd Cycle)- NSS Team with College Principal and IMA Staff



28. **September 05: Teachers Day Celebration** -The NSS unit of SSV College celebrated Teachers day by Honoring and wishing teachers in the morning itself. Volunteers themselves designed and prepared wishes card and give to teachers along with sweets. All the 64 teachers in the college were honored by our volunteers.



29. **Linkage with KVVAF** Moreover morethan 25 volunteers are actively working in Kerala Voluntary Youth Action Force under the Government of Kerala.16 volunteers of our unit have attended seven day camp of KVVAF conducted at S.H college Thevara from September 07th to 13.

30. **September 20-22-Mini Camp (Three Day Camp):** Minicamp of three days Inaugurated on 20th September 5 pm by the college manager Prof.S.K.Krishnan. The meeting presided over the principal Dr.Padma P. and Smt.Sathi Rajan (Member, Mazhuvannoor Gram panchayat), Sri.K V Neelakantan and Sri.Mahin Noushad were also attended.

An orientation class for volunteers was taken by the programme officers and an ice breaking session, group formation, work allocation, camp schedule presentation etc. done on first day.On second day, after routine activities, massive cleaning in the campus was done by the volunteers and a site for 'Nakshthra Vana 'was made ready

31. **Anti-Drugs Awareness Class-** An anti-drug Awareness Class was arranged by the Department of Excise named 'Jeevitham Thanne Lahari'.

32. **Awareness Class on Adolescent's Nutrition** - In the afternoon session, Sri.Sivarama Pillai (Resource Person, KILA, Thrissur) took a class on 'Adolescents nutrition".In the evening session cultural programmes by the volunteers was also conducted before reportingOn the third day, agriculture (organic cultivation) work, cleaning of vicinities of the campus were done before noon. In the afternoon session, an evaluation of the camp was done by all volunteers and ended the camp by 3.30 pm with national anthem.

The camp was attended by 84 first year volunteers and 16 second year volunteers

33. **September 24-NSS Golden Jubilee Celebrations-** NSS Unit No.49 of SSV College celebrated the golden jubilee with variety of programs viz. Seminar, Rally, NSS Quiz, Planting of Memory Tree etc. The programme was started with Golden Jubilee Rally flagged off by the principal Dr.Padma P.After this, a sapling (Orma Thai) planted by Sri.Binuram (Known as Tree Doctor).The state level seminar "Thoughts of Mahatma" started at 11 am at PNN Hall. The principal chaired the session and formal inauguration was done by Dr. Harilakshmeendra Kumar (Director, CYN and Asst. Professor, Gandhian Studies, M G University). Seminar conducted in three sessions on different topics.First session handled by Dr. Harilakshmeendra Kumar on Gandhiji and NSS. A documentary "Tree Doctor" was presented in the second session and Smt.Leena Joseph (former NSS PO,Morning star Home Science Colleg,Angamaly) lead the third session on the topic 'NSS and Future of India' . All the 200 volunteers participated in the programme.

Flag off -Golden Jubilee Rally



Seminar Inauguration



34. October 1 - Award for the Unit & Voluntary Blood Donation Day:

Our NSS Unit received an award as recognition by Blood Transfusion Centre, Aluva for conducting continuous blood donation camp in association with IMA, Ernakulam District Hospital. Programme officer accepted the award from District Medical Officer at a function arranged at St. Francis HSS, Aluva . Moreover 8 Volunteers donated blood at the camp arranged by St. Francis HSS on this day.

Volunteers donating Blood



Receiving the award from District Hospital, Aluva



35. October 2 . Gandhi Jayanthy and Inauguration of “Suchitwa Saksharatha Yachnam”:

Our unit celebrated the 150th Birth Anniversary of Mahatma Gandhi with variety of programs. As per the instructions from the Central Government ,the celebration started with ‘Fit India Plogging Run’ at 10.00 am and collected the plastic wastes from

the sideways of the run. After this the programme named 'Plant a Volunteer and Plant A Tree' conducted at the college campus and 75 saplings were planted by the volunteers. Then ,A Quiz Programme on the life of Gandhiji was also conducted. Miss Athira (I B Sc Chemistry) and Miss Kavitha (I B Sc Mathematics won First and Second place respectively and prizes were also distributed.

Fit India Plogging Run



Plant a Volunteer, Plant a Tree



36. **September 17, 24, October 1 & 15 - Tuesdays** -(ALIVU-Food collection and distribution at Abhayabhavan, Koovppady. : It has been our best practice for the last four years that in every working Tuesdays we collect meals packets from staffs and students and deliver at Abhayabhavan,Koovappady .We collect on an average more than 200 meal packets every week under this program.

37. **October 31, 2019- National Unity Day Observation** : National service Scheme unit No.49 of SSV College, Valayanchirangara has observed the birthday of the 'Iron Man of India' Sri. Sardar Vallabhai Pattel with utmost respect. As per the direction from the central government, NSS Volunteers and staff of the college assembled in front of the Office at 1.15 pmand took the 'Unity pledge' being lead by the principal Dr.Padma.P.Even though there was no regularclasses for the students ,40 volunteers attended the function.

38. **November 28 : Blood Donation Camp** (3rd Cycle) : NSS unit of SSV College , Department of Commerce and the Blood Donors Club had jointly organised third blood donation camp on 28/11/2019 (Thursday) in association with the District Hospital, Aluva. The camp was inaugurated by the College Principal Dr.Padma P at 10.00am in Advaita Hall. 40 units of blood donated in the camp. All donors were given certificate and a special gift sponsored by HDFC Bank, Muvattupuzha. The camp ended by 2.00 pm.

39. **November 28- Organic Farming Yield:** NSS unit in association with organic club of our college has taken the yield of yam and tapiocca which planted in the college campus in April- 2019.The amount received from the sales were utilised for the meals givens to Abhayabhavan on every Tuesday as part of "Alivu" program of NSS unit.



40. December 1, 2019- World Aids Day Observation: NSS unit observed world aids day by conducting an awareness rally and an awareness class to the volunteers.

Awareness Rally

Awareness Class



41. December 18 : Pre Camp Orientation: - First year volunteers are given a pre camp orientation class by the programme officers. All plans regarding the camp and things to carry in the camp are explained . Detailed camp notices including schedule were also distributed to volunteers.

42. December 18 : NSS PTA Meeting- Parents of 61 Volunteers participated in the meeting .The main aim of the meeting was have a healthy relation with the volunteers and their family with the programme officers. Parents were also agreed to visit the camp and donate goods for the camp.



- 43. Legal Awareness Class by KELSA:** An Awareness class by the officials of KELSA and Ashraya Charitable Trust (led by Adv.Kochuthresia) on POCSO and Cybercrime was given to the volunteers at 3 pm to 4.30 pm on 21-12-2019
- 44. Ini Nchan Ozhukatte (Cleaning Of Stream) :** AS part of Governments programs to clean streams and ponds, We have cleaned 'Areekkal thodu' on 23/12/2019 in association with Veettur Gramapanchayth. Ward member Smt.Shiny Kuriakose Inaugurated the program and the local people and Kudumbasree workers also associated with the program.

Legal Awareness by KELSA

Volunteers Cleaning Areekkal thodu



- 45. 24-12-2019 8.30 am to 1 pm- "Haritham"** As part of community program, volunteers were divided into three groups for work at three locations namely Govt, L P School, Adopted village of NSS Team of Ebenezer HSS and the Veettur Canal. We have set up a vegetable garden in the Govt. L P School, Veettur and cleaned the school premises and vicinities. The second group of volunteers cleaned the organic farming land of NSS of Ebenezer HSS. The third group along with the help of local people cleaned the canal sides nearby NSS special camp site.

- 46. 25-12-2019 9.30 to 12.30 -Training on Paper Pen/Seed Pen making** – A hands on training for making seed pen using paper were given to the volunteers. They were encouraged to avoid and reduce the use of plastics. The training was handled by Sri. Aneesh Kumar S, professional trainer.



47. 25-12-2019 1.30 to 5.30 PM – “Priyappettavarkkoppam” Visit to Balamandir- Mazhuvannoor and “Aksharakkootu” (Book donation)

Balamandiram at Mazhuvannoor is managed by Warrior Foundation where 46, financially backward male students aging between 13 to 19 are staying. Our unit have a close touch with this institution since last year when we donated 400 books to set up a library for the inmates. We have decided to pay a visit with two objectives- One -to celebrate volunteers Xmas with inmates by cutting cake and cultural programs. Second, to donate **the collected books from volunteers and staff of SSV College to their library** (The programme named “AKSHARAKKOOTTU” and was Launched in last year). Volunteers were so cherished with the smiles on the faces of inmates at the Balamandir. Reached back at the site by 5.30 pm.

Handing over the Books to Library

X Mas Celebration at Balamandir, Mazhuvannoor



48. **AIDS-AN AWARENESS : An awareness class about AIDS** was conducted by Smt. Malu N K & Team (Project Manager ,SWARUMA SURAKSHA Project , Perumbavoor, KSACS).The PPT seminar was so impressive to clear the minds of listeners about the myths of AIDS.

49. **Release of Souvenir “Avial 2019”-** The writings of all volunteers included in the souvenir published as part of the special Camp conducted by our unit at Ebenezer HSS , Veettur, Muvattupuzha. It was released by Sri. V P Sajeendran, MLA of Kunnathnadu Asembly Constituency.



50. January 1&2 Cochin Carnival -Mega Cleaning Drive At Fort Cochi- As per the direction from the university our unit also actively participated in the cleaning drive conducted at fort cochi on January 1 & 2nd 2020. Our 30 volunteers spent two days spread the message of cleanliness to the society.

NSS Volunteers of SSV College, at Fort Kochi



51. January 14- National Youth Day Celebration: The world celebrates the birth day of Swami Vivekananda, on January 12 every year. As part of this our unit also conducts an awareness class on the life of Swami Vivekananda by Dr. Geetha A N (Faculty, Dept.of English, SSV College) to inspire the volunteers. 164 volunteers participated in the programme.

52. January 14- Inauguration of Fund Collection for Nakshathra vanam: Our NSS Unit is planning to construct a star grove (Nakshathra vanam) in the college campus. It is a grove consisting of 27 plants which represents 27 stars as per the astrology. More than this it's a connecting link to mother nature for every human beings. We have planned to protect this by properly giving boundaries and fencing for each saplings. So the budgeted amount is Rs.60,000 (Sixty thousand Rupees). The collection of the amount had been inaugurated by Prof. R Krishnakumar (former principal, SSV college).



53. January 18 – Fit India Movement: As per the direction from the university our unit conducted Fit India movement on 18-01-2020. All volunteers participated in the programme. The walkathon lasts for two kilometers from the college to next junction.

54. January 26- Republic Day Celebration: Our unit celebrated Republic day by being part of flag hoisting in the college, conducting Republic Day Rally and a chart presentation at the open space of the college. 102 volunteers participated in the programme.

Fit India Movement

Flag Hoisting





55. January 31-Work Of Nakshathravanam:-The work of Nakshathra vanam is going on in the campus. Our volunteers are actively participated in the work. It is constructed behind the college library in the Square space about 53 sq.ft. We have requested SBI,Valayanchirangara branch to associate with this project as part of their CSR scheme.

56. February 18- Keshadanam- Snehadanam -Awareness Class: NSS Unit in association with Amala Hospital,Thrissur conducted an awareness class at 12.30 pm to make aware the students of our college about the importance of hair donation to make Vigg for the poor cancer women patients. Sri.Sebastian V, Co-Ordinator of this project of Social Service department of the hospital taking the session and almost all girl students and some interested boys were also attended the class. Around 23 girls ready to donate their hair after the class.

Volunteers At Work For Nakshathra Vanam

Keshadanam- Awareness



57. February 24- NSS Meeting : NSS meeting to discuss about Keshadanam project and Nakshathravanam project was convened at 3.30 pm on 24-2-2020.The meeting decided to conduct Hair donation on 2-3-2020 and the Inauguration of

Nakshathra vana on 09-03-2020. Meanwhile volunteers admitted to remit the Rs.1000 each from every department before 07-03-2020.

58. March 2,2020-Hair Donation Camp: NSS Unit in association with Amala Hospital,Thrissur conducted hair donation to make Vigg for the poor cancer women patients. Sri.Sebastian V, Co-Ordinator of this project of Social Service department of the hospital lead the program. College principal Dr.Padma P officially Inaugurated the function. Native of the college, Mrs. Subhalakshmi inaugurated the programme by donating her hair. Twenty five girls including outside donors were donated their hair as part of this programme.

Hair Donation for Cancer Patients

Some donors with Team NSS



എഴുന്നള്ളിപ്പ്, കാഴ്ചശീവേലി, ന് ആറാട്ട്, 12.30 ന് മഹാപ്രസാ
 ആൽത്തറമേളം. വൈകിട്ട് 5.30 ന് ദളുട്ട്, രാത്രി 7 ന് നാടകം പകിട.

Malayala manorama 4/3/2020

കേശദാനം സ്നേഹദാനം പദ്ധതി

പെരുമ്പാവൂർ • വളയൻചിറങ്ങര ശ്രീശങ്കര വിദ്യാപീഠംകോളജിലെ നാഷണൽ സർവീസ് സ്കീമിന്റെ നേതൃത്വത്തിൽ തൃശൂർ അമല ആശുപത്രിയുടെ സഹകരണത്തിൽ നിർധനരായ ക്യാൻസർ രോഗികൾക്ക് സൗജന്യമായി വിഗ് നൽകാൻ വിഗ് നിർമ്മിക്കുന്നതിനായി കേശദാനം സ്നേഹദാനം പദ്ധതി നടത്തി.

എം.എസ്. ശുഭലക്ഷ്മിയുടെ മുടി മുറിച്ച് ഉദ്ഘാടനം ചെയ്തു. കോളജിലെ വിദ്യാർഥികളും നാട്ടുകാരുും ചേർന്ന് നടത്തിയ കേശദാനത്തിൽ 25 പേർ 30 സെന്റിമീറ്റർ വീതം മുടി മുറിച്ചു നൽകി.

എം.ജി. വിശ്വൻ, ഡോ. നിഷ് ഉണ്ണികൃഷ്ണൻ, ബി.എൻ. അനൂവിന്ദ, സെബാസ്റ്റ്യൻ എന്നിവർ പ്രസംഗിച്ചു.

പ്രിൻസിപ്പൽ ഡോ. പി. പദ്മ

59. 2020 March 9: Inauguration of Nakshathravanam (Star Grove): Our unit in association with SBI Valayanchirangara and the whole staff of the college, constructed a star grove in the college campus. Our volunteers are actively participated in the work. It is making behind the college library in the Square land about 53 sq.ft. It is a grove consisting of 27 plants which represents 27 stars as per the astrology. More than this it's a connecting link to mother nature for every human being. Each plant is properly protected by giving boundaries and fencing. The total

expenditure comes to Rs.60,000 sponsored by all staff and SBI,Valayanchirangara. The official Inauguration of the Grove was conducted at Adwaitha Hall at 3 pm by the college Manager Prof.S.K Krishnan.The meeting presided over by the principal and Sri.S Unnikrishnan IFS,(DFO, Kothamangalam) delivered key note address. Programme officers, Dr.Sudhakaran, Dr.Manusankar C, Sri. K V Neelakantan and volunteer secretaries were also delivered speech. The actual inauguration has been done by planting the sapling by the manager.141 volunteers and majority of the staff attended the inaugural ceremony and planting of trees.

Keynote Address-Sri.S Unnikrishnanan IFS

Inauguration by Prof. S K Krishnan (Manager, SSV College)



Planting Tree by Volunteers

Newspaper Cutting



These are the programmes conducted by NSS unit no.49 during the period June 2019 to March 2020.

NSS activities have no full stop. We are continuing...

“MANASSU NANNAVATTE”